

## Sensory Integration Checklist

**A child with neurological immaturity may present with 3 or more of these symptoms OR have experienced delays or other issues in the first 5 years.**

- Learning problems- particularly early delays in reading.
- Letter reversals
- Behaviour / attention issues- fidgety, loss of focus, poor concentration
- Clumsy or awkward gross motor movements- stiff running, awkward when hopping.
- Inability to skip,
- Unable to learn to swim fluid freestyle
- Can't ride a bike
- Poor fine motor skills- inability to write well, manage scissors, poor pencil grip.
- Auditory processing issues- can't follow directions, remember nursery rhymes/ poems etc.
- Poor comprehension when reading or being read to
- Difficulty with phonics and blending sounds
- Problems with maths, can't learn tables
- Untidy hand writing / poor letter formations
- Speech delays
- Irritability
- Poor balance
- Eye tracking issues
- Anxiety
- Bed wetting
- Fearful of catching balls.
- Difficulty learning sight words by end kinder
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- Dislike tags on clothes or "itchy" clothes
- Poor freestyle swimming- usually good at backstroke etc.
- Clumsy, poor coordination, awkward
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- Slumps over book when writing
- Sits on feet to write
- Temper tantrums

Developmental hallmarks:

- Difficult birth- forceps, suction, emergency caesarean, premature
- Problems feeding
- Dislike tummy time
- Limited, late or no crawling
- Used a walker
- Early walking
- Ear infections
- Anxious or easily upset, frustrated.
- Allergies/ food intolerances

**\*\*This is not a complete checklist and does not substitute for a professional assessment\*\***

**IF YOU HAVE CHECKED OFF 3 OR MORE SYMPTOMS YOU NEED TO GET YOUR CHILD FULLY ASSESSED.**

Call 49671205 to book an assessment at our Waratah Centre